**LYNDSEY HOOKWAY**

**EMPLOYMENT HISTORY**

Sep 2019-2023 **PhD student in Public Health**

***Swansea University***

**Feb 2017-Sep 2019 Carers leave (youngest child had cancer)**

Jul 2015-Feb 2017 **Infant Feeding Lead**

**CSH Surrey**

**Nov 2013 -present Self employed**

***Holistic Sleep Coaching Program***

**Oct 2013-Jul 2015 Maternity leave**

Jun 2010-Oct 2013 **Family Centred Care Coordinator for SW London Perinatal Network**

St Georges NHS Foundation Trust/Bliss

Sep 2008-Jun 2010 **Health Visitor**

Richmond and Twickenham NHS Trust

Sep 2007-Aug 2008 **Student Health Visitor**

Surrey Primary Care Trust

Mar 2007-Sep 2007 **Community Staff Nurse - Paediatrics**

Hounslow Primary Care Trust

Jun 2006-Mar 2007 **Senior Staff Nurse – Paediatrics**

Chelsea and Westminster NHS Foundation Trust

Jan 2005-Jun 2006 **Staff Nurse – Paediatrics**

The Royal London Hospital NHS Trust, London

**QUALIFICATIONS AND EDUCATION**

Sep 2019-Oct 2023 **Swansea University**

*PhD Public Health*

*Jul 2011 International Board Certified Lactation Consultant*

Sep 2007-Sep 2008 **King’s College London**

PG Dip - Specialist Community Public Health Nursing (Health Visiting) Distinction

Sep 2001-Sep 2004 **King’s College London**

BSc Honours Nursing Studies (Children) 2:1

**SPEAKING EXPERIENCE (2023)**

Nov 2023 Baby Friendly Initiative Conference, Harrogate

Academy of Breastfeeding Medicine, Chicago

Oct 2023 Northern Colorado Breastfeeding Coalition

Aug 2023 International Lactation Consultants Association, Las Vegas

Apr2023 La Leche League Conference, Bologna, Italy

GOLD Online International Conference (Lactation)

Maternal and Infant Nutrition and Nurture Conference, Cumbria

Feb 2023 The Breastfeeding Network Conference, Portsmouth

GOLD Online International Conference (Midwifery)

**PUBLICATIONS**

**Journal articles:**

Hookway, L., Lewis, J., & Brown, A. (2021). The challenges of medically complex breastfed children and their families: A systematic review. *Maternal & Child Nutrition*, *17*(4), e13182.

Hookway, L. (2022). Using art to raise awareness of breastfed children with medical complexity. *International Breastfeeding Journal*, *17*(1), 1-6.

Hookway, L., Brown, A., & Grant, A. (2023). Breastfeeding sick children in hospital: Exploring the experiences of mothers in UK paediatric wards. *Maternal & Child Nutrition*, *19*(2), e13489.

Hookway, L., & Brown, A. (2023). The lactation skill gaps of multidisciplinary paediatric healthcare professionals in the United Kingdom. *Journal of Human Nutrition and Dietetics*, *36*(3), 848-863.

Hookway, L., & Brown, A. (2023). Barriers to optimal breastfeeding of medically complex children in the UK paediatric setting: a mixed methods survey of healthcare professionals. *Journal of Human Nutrition and Dietetics*.

**Books:**

* *Holistic Sleep Coaching*, published by Praeclarus Press, 2018
* *Let’s talk about your new family’s sleep*, published by Pinter & Martin, 2020
* *Still Awake*, published by Pinter & Martin, 2021
* *The Writing Book*, published by Thought Rebellion, 2022
* *Breastfeeding the Brave*, published by Thought Rebellion, 2022
* *Why Childhood Illness Matters*, published by Pinter & Martin, 2023
* *The Other Side of the Obs Chart*, due for publication in 2024

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**Summary**

**I am a highly motivated nurse and IBCLC, with a passion for evidence-based and compassionate care to infants, children and families. I speak at regular international events, am a trustee of the Lactation Consultants of Great Britain, and the founder of the Breastfeeding the Brave project.**

**My research interests lie with the needs of breastfed infants and children with a critical, life-limiting or palliative health condition, and I gained my PhD at Swansea University under the supervision of Professor Amy Brown.**