

LYNDSEY MARIANNE HOOKWAY BSC RNC HV IBCLC

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WORK HISTORY

May 2018 **Co-founder and Clinical Director of The Holistic Sleep Coaching Program**
to
Present

Sep 2013 **Lead tutor at Babyem**
to
Present

Jul 2015 **Infant Feeding Lead**
to CSH Surrey
Feb 2017

Jan 2012 **International Board Certified Lactation Consultant and Holistic Sleep and Behaviour Coach for children and families**
to
Present Feed Sleep Bond
International private practice

Jun 2010 **Family Centred Care Coordinator for SW London Perinatal Network**
to St Georges NHS Foundation Trust/Bliss
Oct 2013 London

Sep 2008 **Health Visitor**
to Richmond and Twickenham NHS Trust
Jun 2010 Richmond

Sep 2007 **Student Health Visitor**
to Surrey Primary Care Trust
Aug 2008 Ashford

Mar 2007 **Community Staff Nurse**
to Hounslow Primary Care Trust
Sep 2007 London

Jun 2006 **Senior Staff Nurse - Paediatrics**
to Chelsea and Westminster NHS Foundation Trust
Mar 2007 London

Jan 2005 **Staff Nurse - Paediatrics**
to The Royal London Hospital NHS Trust, London
Jun 2006

EDUCATION

Oct 2012

to **Naturally Nurturing Sleep Clinic**

Jun 2013 *London*

Sleep Consultants Award

Oct 2006 **International Board of Lactation Consultants Exam**

to *International*

Jul 2011 *Pass 89%*

Sep 2007 **Kings College London**

to *London*

Aug 2008 *Post Graduate Diploma - Specialist Community Public Health Nursing (Health Visiting) Distinction*

Sep 2001 **Kings College London**

to *London*

Aug 2004 *BSc Honours Nursing Studies (Children) 2:1*

MEMBERSHIPS

- Nursing and Midwifery Council
- International Board of Lactation Consultants
- International Association of Child Sleep Consultants
- Lactation Consultants of Great Britain
- International Lactation Consultant Association

PROFESSIONAL SPEAKING EXPERIENCE

Oct 2019 **Australian Breastfeeding Conference**

Sep 2019 **Lamaze International Safe Sleep Keynote**

Sep 2019 **Breastfeeding Festival Milton Keynes**

Jul 2019 **Sleep Conference Plymouth**

Apr 2019 **GOLD Lactation International online conference**

Apr 2019 **Lactation Consultants of Great Britain annual National conference**

Mar 2019 **Plymouth Breastfeeding Conference**

Mar 2019 **Holistic Sleep Conference**

Sep 2018 **iLactation International online conference**

Apr 2018 **Institute of Health Visiting Conference**

Jul 2017 **International Association of Child Sleep Consultants**

Sep 2014 **Royal College of General Practitioners Paediatric and Obstetric Conference**
London

Sep 2013 **Royal College of General Practitioners Paediatric and Obstetric Conference**
London

Mar 2012 **Neonatal National Study Day**
London

Sep 2010 **Bliss Family Centred Care National Conference**
London

PUBLICATIONS

I have written for many local magazines as well as having articles published in some National journals.

- Journal of Neonatal Nursing
- Infant Journal
- Community Practitioner Journal
- Journal of Health Visiting
- Book: Holistic Sleep Coaching, published by Praeclarus Press in September 2018

Summary

I am a highly motivated nurse, with a passion for delivering quality education and training, to provide and inspire excellent, evidence-based and compassionate care to infants, children and families. I speak at regular events, am a committee member of the Lactation Consultants of Great Britain. My interests are around infant and parental attachment and emotional well-being, family centred care, breastfeeding and gentle sleep support. I also have an interest in the needs of families where there is a breastfed child with a critical, life-limiting or palliative health condition.